

## Pixar in a Box -- *The Art of Storytelling*

Name:

### Exercise 1: Expressing memories

**Part A:** Think of a memory that you remember vividly. It should be a memory that comes easily to you.

**Part B:** Why do you think you remember this so well? Try connecting one or more emotions to this memory. (*\*just think about this part in your head*)

**Part C:** Now try and express your memory and emotion in some way. The goal is to get it out of your head. Here are some ideas for what you could do.

**Option 1 Verbally:** Tell your memory to someone that you know. Can you make them feel the emotion?

**Option 2 Written:** Write your memory in less than a page. Do the emotions come out in your words?

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**Option 3 Visually:** Express your memory using only lines and shapes. Do the emotions come out in your drawings? [Example](#) (*\*you may need to complete this option on scratch paper*)

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### Exercise 2: Your three favorite films

**Part A:** Identify the three films that you would take to a deserted island....

1.
2.
3.

**Part B:** Why do you think you connected with these stories? Come up with at least one reason for each.

1.
2.
3.

**Part C:** What, if anything, do these three films have in common? How are they different?

Similarities: <ul style="list-style-type: none"><li>•</li><li>•</li></ul>	Differences: <ul style="list-style-type: none"><li>•</li><li>•</li></ul>
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### Exercise 3: What if...

**Part A:** Return to your 3 favorite films and try reframing each of them in terms of a "what if" statement. Share these with someone (written or verbally) and see if they can guess what movie it is from!

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**Part B:** Now it's your turn. Come up with 3-5 of your own "what if" ideas.

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- 1.
- 2.
- 3.
- 4.
- 5.

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### Activity 4: Characters & Worlds

**Part A:** Return to your 3 films. Identify the worlds and characters in each. Write these down.

*Things to think about:*

*Who are the main characters?*

*Is there a character you identify with most?*

*Where does the movie take place? Is it one world or multiple worlds?*

Film #1:

Film #2:

Film #3:

**Part B:** Try mixing a character and world from different movies. Try this a few times and see what happens. (*\*just think about this part in your head*)

**Part C:** Return to your three "what if" statements from the previous exercises. Pick your favorite one. Can you imagine a possible character and world?

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**Part D:** (*optional*) Draw (on a separate piece of paper) or write about what life would be like in this world.

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**Submit on Classroom when you are finished.**